

Please join us for:

5 to 12 years

ACTIVE PARENTING NOW IN 3

**Happy families aren't born....
they're made one day at a time.**

This three-session workshop will show you effective ways to.....

- Use non-violent discipline techniques that work
- Improve communication with your children
- Teach responsibility and other important values
- Handle problems as they come up
- Cope with difficult topics such as drugs, violence, and sex
- Defuse power struggles with your children
- Stimulate independence as your children grow older
- Encourage your children to be their best!

Do you ever wonder if there's a better way to handle those daily parenting problems? Maybe your son dawdles around whenever it's time to get dressed for school...your daughter is suddenly using disrespectful language...or the children seem to forget to do their chores and argue every minute of the day. Or maybe you'd like to prepare now for the upcoming teen years.

You can become more successful at parenting---the most important job of your life---with Active Parenting Now, the nationally acclaimed video and discussion program by parenting expert Dr. Michael Popkin. In just three powerful sessions, you learn simple yet effective parenting skills that will lead to more harmony and happiness for you and your children.

This entertaining and informative program uses video, activities, and discussion to show you ways to raise responsible, cooperative children who are able to resist negative peer pressure. You'll leave each session energized and motivated to make changes in your own family's daily routine that will lead to greater happiness in every room of the house (and the car, too!)

REGISTRATION INFORMATION:

Dates:	Thurs, Sept 19	Thurs, Sept 26	Thurs, Oct 10
Time:	1:00 pm – 3:00 pm		
Sponsored by:	Pathways of Central Ohio		
Location:	1627 Bryn Mawr Drive Newark, Ohio 43055		
Cost:	No charge		
To Register:	Call Linda Sandin – 740-345-6166 ext. 205		
<i>SIGN UP TODAY</i>	E-mail lsandin@pathwaysco.org		

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